



Stoneyford Road  
Sutton-in-Ashfield  
Nottinghamshire  
NG17 2DU

qs@quarrydale.notts.sch.uk  
Tel: 01623 554178  
Fax: 01623 517814  
Web: [www.quarrydale.co.uk](http://www.quarrydale.co.uk)

Friday 5<sup>th</sup> September 2025

Dear Parents/Carers,

### Year 11 GCSE Revision

As your child prepares for their GCSE examinations, we want to emphasise how important your involvement is in supporting their learning at home. Research consistently shows that when parents take an active role in their child's education, achievement and confidence increase significantly.

A report from the Department for Education (DfE, 2010) found that parental engagement is one of the most powerful levers for raising achievement in schools. In fact, the influence of parental support on a child's success can be equivalent to an additional two to three years of schooling.

Other studies highlight the impact even more clearly:

- The Education Endowment Foundation (EEF, 2018) noted that children with engaged parents are more likely to achieve higher grades at GCSE level, regardless of background.
- A Sutton Trust survey (2019) reported that students receiving structured support at home were up to 15% more likely to achieve grade 5 or above in English and Maths.

Your role is not to re-learn GCSE subjects, but to create an environment that helps your child stay organised, motivated, and confident. Sometimes the smallest gestures such as showing interest in what they are revising, helping them plan their time, or simply encouraging them, can make the biggest difference.

We have also included a Parent's Guide to Supporting GCSE Revision to give you some practical ideas. Together, we can ensure every child feels supported and prepared for success.

Thank you, as always, for your continued partnership.

Yours sincerely,

Miss Abrahall  
**Head of Year 11**



## Supporting GCSE Revision

### **1. Create a Routine**

Help your child set a realistic revision timetable that balances subjects, includes breaks, and avoids last-minute cramming. Aim for short, focused sessions (30–45 minutes) with regular rest breaks.

### **2. Provide the Right Environment**

Ensure they have a quiet, well-lit workspace, away from distractions. Encourage leaving phones and social media aside during revision blocks.

### **3. Encourage Active Learning**

Use flashcards, quizzes, past papers, or mind maps. Ask your child to teach you a topic – explaining it aloud strengthens memory. Offer to time them on practice questions or quiz them with revision cards.

### **4. Balance and Wellbeing**

Remind them to take breaks, exercise, and get plenty of sleep. Provide healthy snacks and water to keep energy levels up. Encourage downtime and relaxation to manage stress.

### **5. Show Interest and Support**

Ask open questions like “What topic are you revising today?” rather than “Have you done your revision?”. Celebrate effort, not just results. Recognise the work they are putting in. Stay calm and positive – reassurance goes a long way.

### **6. Use Resources Together**

Check school websites, revision guides, or recommended online resources (e.g. BBC Bitesize, Seneca, past exam papers). Encourage variety to keep revision engaging.